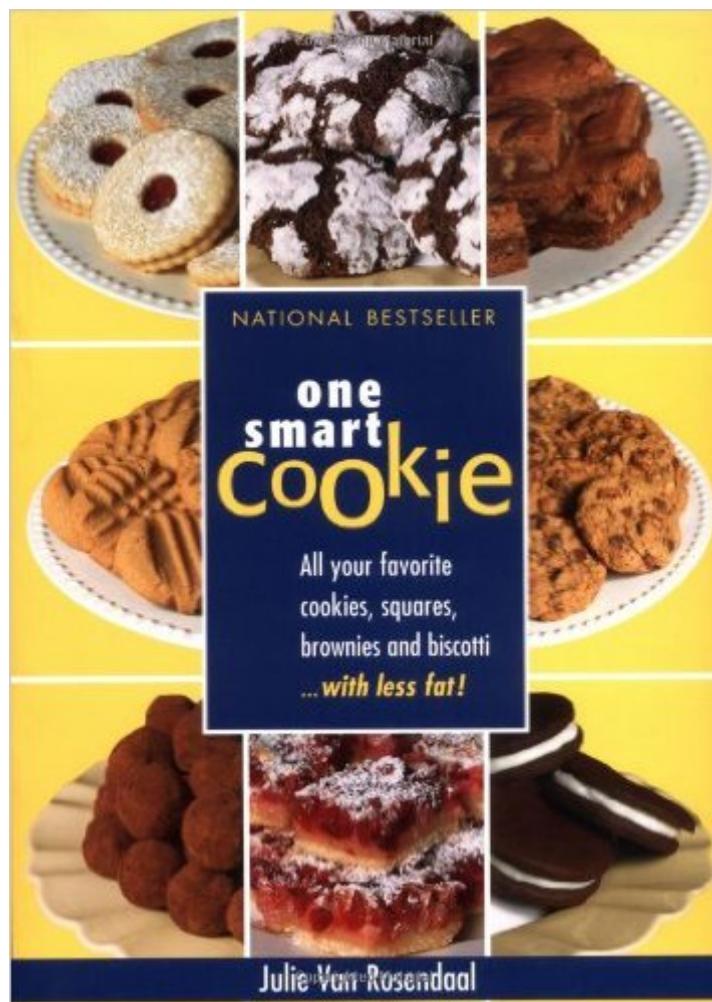


The book was found

# One Smart Cookie: All Your Favourite Cookies, Squares, Brownies And Biscotti... With Less Fat !



## Synopsis

Think rich, chewy, gooey, chocolaty cookies, brownies and squares are off limits? In One Smart Cookie, you'll be thrilled to find over 200 recipes for goodies such as Triple Chocolate Chunk Cookies, Cheesecake Brownies, Pecan Pie Squares and even Nanaimo Bars, trimmed of fat but not of flavour! Everybody loves cookies. They are as welcome at a dinner party as they are tucked into a lunch box or hanging on the Christmas tree. And we all have long-time favorites that have often become family traditions. In this book you will find lower fat recipes for your favorite cookies, squares, brownies and biscotti, as well as a wealth of information that will help you to reduce the fat in your own special cookie recipes. The desserts and snacks in this book aren't just a healthy alternative to the cookies you crave - they are the real thing!

## Book Information

Paperback: 174 pages

Publisher: Whitecap Books (September 1, 2002)

Language: English

ISBN-10: 1552854221

ISBN-13: 978-1552854228

Product Dimensions: 0.5 x 6.8 x 9.5 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 5.0 out of 5 starsÂ  [See all reviewsÂ  \(2 customer reviews\)](#)

Best Sellers Rank: #725,337 in Books (See Top 100 in Books) #242 inÂ  Books > Cookbooks, Food & Wine > Baking > Cookies #633 inÂ  Books > Cookbooks, Food & Wine > Special Diet > Low Fat #1892 inÂ  Books > Cookbooks, Food & Wine > Desserts

## Customer Reviews

I bake a lot, and this is one of my favourite cookbooks. The recipes are straightforward, there's lots of variety, and every one I've tried has turned out wonderfully (and I have tried probably 30 or 40 of them!) I always get requests for the recipe when I make things from this book, and people never guess that they're less-fattening versions. I have given a couple of copies of this book as gifts and they've been much appreciated. This is my go-to cookbook whenever my family is in the mood for cookies or squares. We use it every week.

love it. use it all the time

[Download to continue reading...](#)

One Smart Cookie: All Your Favourite Cookies, Squares, Brownies and Biscotti... with less fat ! Secrets of Fat-free Greek Cooking: Over 100 Low-fat and Fat-free Traditional and Contemporary Recipes (Secrets of Fat-free Cooking) Cookie Love, 25 of the Best Cookie Recipes: The Ultimate Cookie Cookbook You Can't Judge a Cookie by Its Cutter: Make 100 Cookie Designs with Only a Handful of Cookie Cutters Ciao Biscotti: Sweet and Savory Recipes for Celebrating Italy's Favorite Cookie About Two Squares: A Suprematist Tale of Two Squares in Six Constructions The Zoella Generation Colouring Book: A Colouring Book of Zoella's Favourite Things....inspired by Fashion, Friendship, Shopping, Cookies & Cupcakes! Dessert For Two: Small Batch Cookies, Brownies, Pies, and Cakes Perfect Quilts for Precut Fabrics: 64 Patterns for Fat Quarters, Charm Squares, Jelly Rolls, and Layer Cakes Baking with Cookie Molds: Secrets and Recipes for Making Amazing Handcrafted Cookies for Your Christmas, Holiday, Wedding, Party, Swap, Exchange, or Everyday Treat Vegan Cookies Invade Your Cookie Jar: 100 Dairy-Free Recipes for Everyone's Favorite Treats Cookie Craft: From Baking to Luster Dust, Designs and Techniques for Creative Cookie Occasions Christmas Cookie Jar: Over 200 Old-Fashioned Cookie Recipes and Ideas for Creative Gift-Giving (Seasonal Cookbook Collection) The King Arthur Flour Cookie Companion: The Essential Cookie Cookbook The King Arthur Flour Cookie Companion: The Essential Cookie Cookbook (King Arthur Flour Cookbooks) Eat Fat Get Thin: Your Ketogenic Diet Guide To Rapid Weight LossÃ  (with Over 350+ of The Very BEST Fat Burning Recipes & One Full Month Meal Plan, Upgraded Living) Bewitched, Bothered, and Biscotti: Magical Bakery Mystery Series, Book 2 Cookies: Easy and Delicious Cookie Recipes for Beginners The Baker's Dozen: A Saint Nicholas Tale (15th Anniversary Edition, with Bonus Cookie Recipe and Pattern for St. Nicholas Christmas Cookies) The Cookies Cookbook: Over 25 Mouthwatering Cookie Recipes

[Dmca](#)